

July 5-

The rain is still on. Rained all day, pretty miserable. Within make the sixth day we have been issued no grain with the exception of two or three meals we had rice. We are not getting enough to eat, the food is good and well seasoned, but not enough. Always hungry. Was issued three cigarettes which makes 101 up to date.

July 6-

Still rained most of the day. Carried ration. Had very good chow tonight, Rice, potato soup, cabbage stew and Roy sauce. Also was issued three cigarettes. Makes one hundred & four up to date.

July 7-

Received grain in tonight and very glad too. Also received three cigarettes which one hundred & seven. Hope we eat this everyday.

July 8-

Received three cigarettes again today which makes hundred & ten. Our food is still very small portions.

July 9-

Worked pretty hard today. Inspection tomorrow by the Japanese Commander of Prison Camp in Japan. No cigarettes today. Also was issued a new uniform for the inspection.

July 10-

Stand by all day today for the inspection but was called off. Got in some flour. Also was issued three cigarettes. Make 113 cigarettes.

July 11-

Inspection was called off. Rained part of the day. No cigarettes issued.

July 12-

Same as usual. Everyone wishing for an increase in chow. Haven't heard any news for several days. No news or good news.

July 13-

Carried ration. No increase. Supposed to have two holidays coming up soon. Received three cigarettes. Make 117.

I believed that I will discontinue my diary. I do not want to remember these days of hardships. My work has been the same day in and day out. I really do appreciate my job. But anything extraordinary happens I will keep track of.

Aug. 10 - A big move is going to take place tomorrow. I can't find out just what it is yet. Some say the war is over, I wish it was, but that would be a miracle.

Aug. 11 -  
We are going to leave today for another place. It is not clear.  
Aug. 12 - Arrived at our new camp today. Looks as if it might be alright.

Aug 13 To Aug 31 -

Had two days rest and went to work. Work here much better than the mine. Leg still giving me trouble.

Sept. 1 to 30 -

Worked hard the past month. Met a lot of British men and made a lot of friends. Had our first cold snap and I was really cold.

Oct 1 to 15 -

The weather is warm again but expect it to get cold very soon.

Oct 15 to 31 -

Had a birthday the 18<sup>TH</sup> (26). Makes the third one as P.O.W.

Nov. 1 to 15 -

It's getting much colder now. Am a little used to it now, I hope.

Nov 15 to 30 -

Had a big day the 28<sup>TH</sup>. Had a very good show.

Cut a roasting hen as for frying. Place  
in a deep skillet. Add 4 heaping tbs. lard,  
1 pt. vinegar, 1 finely crumbled bay  
leaf, 2 finely sliced green peppers, 1 bulb  
garlic, 5 ripe tomatoes, 1 tbs. sugar,  
salt & pepper. Add water until chicken  
is covered. Bring to a boil & then  
simmer slowly until the liquid is  
gone. Fry chicken in remaining grease.

Mixed ham & scrambled eggs on  
raisin bread toast.

Try sweet potatoes with garlic.

Bake rabbit stuffed with prunes.

Brock: Boil beef stock, onion & tomatoes  
& strain. Add cabbage & simmer until  
tender. Season & top with spoonful of  
sour cream.

Banana Delight - Layer of sliced  
bananas, layer of cream, layer of crushed  
nuts; repeat until dish is filled, chill &  
serve.

Italian Meat Loaf - 2 lb. hamburger,  
1/4 lb. bacon, 1/2 lb. cream cheese, 1/2 lb. Parm-  
esello, 8 eggs, parsley, garlic, onion, rose  
marie, salt & pepper & chitti pepper. Grind  
bacon & mix well. Form into a loaf.  
add can of tomatoes & bake about  
45 minutes. Baste often.

Egg nog pie - 1 pkg. Knox gelatine, 1/4  
cup cold water, 4 eggs, 1/2 tsp salt, 1/2 cup hot  
water, 1/4 cup rum, 1 tsp nutmeg, 1 cup sugar,  
Beat egg yolks, 1/2 cup sugar & salt & cook  
in double boiler to custard thickness.  
Dissolve gelatine in cold water & add to  
hot mix. When cool add rum & nut-  
meg. Beat egg whites & fold in remaining  
1/2 cup sugar. Pour into prepared pie shell,  
top with cream, chill & serve.

Choke cherry wine & preserves. A 1.  
Try milk with scotch, brandy or  
rum. Also cream and brandy.

Milky Way Pie - Melt to Milky Way  
Bars in a double boiler. Make pie  
crust of graham crackers. Moistened good  
with butter, add sugar, salt to flavor.  
Add filling while hot. Top with <sup>1/2</sup> cream.

Hot Cake Turnovers - Make sweet  
hot cake batter. Use large skillet  
or grill. Make extra large cakes,  
just as the hot cake begins to  
bubble add thick coating of crushed  
strawberries on half of cake. Sprinkle  
finely diced American cheese on  
other half. Fold over and crisp  
edges with fork. Turn over till  
brown. Eat with whipped cream.

(CONT) - Diary -

Since November I haven't been keeping up this diary because there was nothing more to keep. We had a long tough winter. Carry wood and odd job here and there.

Aug. 15<sup>th</sup> Rest day and a very good day. At Terko they told us we would not go to work the next two days.

Aug. 16<sup>th</sup> Everything has changed in camp. The guards are relaxed the camp has settled down. No air-raids look like the war is over.

Aug. 17<sup>th</sup> Nothing has happened yet except to move to another camp.

Aug 18-20. Still waiting for the C.O. to return from Tokyo.



Aug. 20-25<sup>th</sup> - The C.O. has re-  
turned from Tokio with very  
little news. No news of leaving  
as yet, trying to get more  
food. In the Twenty-fourth  
an airplane is supposed to  
come over camp and drop red  
cross food cigarettes. R. dim has  
been going and looks like  
a typhoid.

- Q U A N -

PHILADELPHIA CREAM CHEESE. MELBA TOAST. HONEY  
CHOCOLATE BUTTER. HONEY & PEANUT BUTTER. FRIED  
APPLES. HERRING ROE. BLACK CAVIAR. ICE CREAM  
MIX IN HOT CAKE BATTER. CHOCOLATE WAFFLE. "DAY  
OLD" PASTRIES. CHEESE IN CORN FRITTERS. CHOPPED  
PEANUTS <sup>W/</sup> HOT CEREALS. FOUNTAIN SYRUP ON WAFFLE  
& HOT CAKES. EGGS FRIED ON TOP OF FRYING SPUDS.  
BAKED MONGO BEANS <sup>W/</sup> TOMATO SAUCE & BROWN SUGAR.  
PORK SAUSAGE STUFFING FOR BELL PEPPERS. CONDENSED  
MILK SHAVED ICE FOR A-LA-MODE. SPREAD CHILI  
(BEANLESS) OVER SCRAMBLED EGGS. ALSO MELTED  
PIMIENTO CHEESE ON SCRAMBLED EGGS. CONCORD  
GRAPE PIE MELTED BUTTER, PECAN ICE CREAM.  
FRIED APPLE PIE <sup>W/</sup> MAYONNAISE. PECAN ROLL AND  
HOT CHOCOLATE. SODA FOUNTAIN FUDGE SYRUP.  
N.B.C.'S CUSTARD CREAM COOKIES. MARSHMALLOW  
FOR SMOOTH HOMEMADE ICE CREAM. BAKED  
SWEET POTATOES - SPLIT - BUTTERED & PLACED  
STRAWBERRY JAM. NORWEGIAN SARDINES  
PACKED IN MUSTARD. CANDIED CARROTS. FRIED  
MASHED POTATO PATTIES. FRIED CABBAGE <sup>W/</sup> DICED  
BACON

BEAN-TAMALE + CHEESE PIE. AVOCADO SALAD. RABBIT  
SAUSAGE, WATERMELON SYRUP, SPLIT + FRY "HOT DOGS"  
SERVE ON BUN <sup>W</sup>/BEANLESS CHILI - ONIONS + MUSTARD.

## MENU -

### BREAKFAST

ORANGE JUICE, CORN FLAKES, BANANA'S, CREAM +  
SUGAR. BACON - WAFFLE - MAPLE SYRUP. EGGS. (3 UP.)  
BUTTER. BISMARKS - COFFEE.

### LUNCH

CHICKEN SOUP, BOSTON BAKED BEANS, POTATO  
SALAD. LUNCH MEATS, BISQUITS - BUTTER. STRAW-  
BERRY SHORT CAKE - COFFEE.

### DINNER

SHRIMP COCKTAIL, ASPARAGUS SOUP, WALDORF  
SALAD, FILET MIGNON <sup>W</sup>/LEMON SHERBET, POTATOES  
AU-GRATIN - GREEN PEAS - SLICE TOMATOES - MUST  
ROOM GRAVY. PARKER HOUSE ROLLS, BUTTER, PURE  
CHOCOLATE CAKE, VANILLA ICE CREAM - COFFEE.

### BREAKFAST

GRAPE JUICE, ROLLIED OATS, PEACHES, CREAM + SUGAR,  
JELLY - OMELET - BACON, TOAST - BUTTER. GLAZED DO-NUTS  
COFFEE.

LUNCH

MUSHROOM SOUP. FRENCH FRIED SHRIMP <sup>w/ SLICE</sup> LEMON.  
HASH BROWN POTATOES, FRIED CABBAGE, SLICE  
CUCUMBERS, FRENCH ROLLS - BUTTER, COCONUT  
CAKE - CHOCOLATE ICE CREAM - COFFEE.

DINNER

FRUIT COCKTAIL, OYSTER SOUP, SHRIMP SALAD.  
CHARCOAL BROILED SIRLOIN STEAK, MUSHROOM GRAMY,  
MASHED POTATOES, CREAMED CORN, SMALL LIMA BEANS AND  
HORSERADISH, FRUIT JELLY <sup>w/</sup> MARSHMALLOW SYRUP, COFFEE.

BREAKFAST

PINEAPPLE JUICE, STEWED FIGS - CREAM - SUGAR, BUCKWHEAT  
CAKES - MAPLE SYRUP - BUTTER, SAUSAGE, CHOCOLATE DO-  
NUTS. - COFFEE.

LUNCH

STEWED TOMATOES <sup>w/</sup> CRATONS, LETTUCE - TOMATO  
SALAD, VEAL POT PIE, APPLE COBBLER - BUTTER - COFFEE.

DINNER

LOBSTER COCKTAIL, TOMATO SOUP, CHICKEN SALAD,  
BAKE - SPAM - CANDIED SWEET POTATOES - PINE  
APPLES, BANANA CAKE - COFFEE.

## BREAKFAST

CANTALOUPE. SHREDDED WHEAT. STRAWBERRIES -  
CREAM & SUGAR. CRISP FRENCH TOAST & BACON.  
POACHED EGGS - BUTTER - COFFEE.

## LUNCH

CLAM CHOWDER. BAR-B-Q SPARERIBS - APPLE  
SAUCE; SCALLOPED POTATOES w/ CHEESE. FRIED  
CABBAGE. FRENCH ROLLS - BUTTER. <sup>BLACKBERRY</sup> COBBLER. COFFEE.

## DINNER

MULLIGATAWNY SOUP. LETTUCE - TOMATO - COTTAGE -  
CHEESE SALAD. BROILED PORK CHOPS - CRANBERRY  
SAUCE. POTATOES A-LA LYONNAISE, GREEN PEAS, LIMA  
BEANS. Huckleberry Roll - HARD SAUCE. COFFEE.

## BREAKFAST

CANNED GRAPEFRUIT. PRUNE WHIP. FRIED SPAM -  
EGGS - TOAST. MARMALADE - BUTTER - COFFEE - JELLY ROLL.

## LUNCH

CHICKEN NOODLE SOUP. CARROTS - APPLES - RAISIN  
SALAD. SWISS STEAK. MASHED POTATOES - BROWN  
GRAVY - LIMA BEANS - PICKLED BEETS. WALNUT  
ICE CREAM - COFFEE.

## DINNER

SHERRY. FRIED CHICKEN - LEGS - BREASTS -  
GIZZARDS. GIBBET GRavy - MASHED POTATOES,  
SLICED TOMATOES. HOT BISCUITS OR ROLLS -  
BUTTER. MINCE PIE - PINEAPPLE SHERBET. COFFEE.

## BREAKFAST

ORANGE JUICE. CANNED MANGOES - CREAM.  
HOT CAKES - STRAWBERRY JAM & BUTTER. SMALL "BURGER"  
STEAK. GLAZED DO-NUTS. COFFEE.

## LUNCH

FRUIT SALAD. NAVY BEANS w/HAM HOOK. KETCHUP,  
FRIED EGG PLANT, STRING BEANS. CORNMEAL  
MUFFINS - BUTTER. ANGLE FOOD CAKE - BUTTERMILK.

## DINNER

PEA SOUP. WALDORF SALAD. CURRIED MUTTON.  
BAKED SWEET POTATOES - COTTAGE - CREAMED PEAS -  
CARROTS - MINT JELLO, RAISIN BREAD - BUTTER.  
MINCE PIE - COFFEE.

## BREAKFAST

GRAPE JUICE. CRACKED WHEAT - CREAM - SUGAR.  
SCRAMBLED EGGS - CORN FRITTERS - BUTTER -  
SORGHUM - MALASSES - CINNAMON TOAST - COFFEE.

LUNCH

CHICKEN SOUP. SLICES OF TURKEY - CHICKEN. CRANBERRY SAUCE, PICKLES, RIFE & STOPPED OLIVES, CANDIED YAMS - ROLDS, FRUIT CAKE - PEACH ICE CREAM - COFFEE.

DINNER

DAIQUIRI COCKTAIL, BROILED HAM STEAK, CREAMED POTATOES - HAM GRAVY - PEAS - CARROTS - STRING BEANS, RAISIN BREAD - DATE - FIG PUDDING w/ WHIPPED CREAM - COFFEE

BREAKFAST

DICED FRUIT - PURE CREAM, STEWED APPLES, COUNTRY SAUSAGE PATTIES - EGGS, SNAIL - BUTTER - COFFEE

HOT SWAGKS

SCRAMBLE EGGS      BACON - TOMATO - TOASTED  
CINNAMON TOAST      SANDWICH, LEMON MERINGUE  
HOT CHOCOLATE      PIE - COFFEE

GERMAN FRY POTATOES

TWO EGGS (UP) TOAST      ROAST PORK SANDWICH  
COFFEE      GLAZED DO-NUTS

CLUB SANDWICH

COFFEE

APPLE PIE w/ CHEESE

MILK

# MY FIRST FORTY-EIGHT

8:00-9:30	LOBSTER DINNER AT "FAMOUS SEA FOOD"
9:30-11:00	DANCE AT CENTROY ROOM-ADOLPHUS
11:00-12:00	DINE & DANCE AT MURALI ROOM-BAKER
12:00-1:00	DANCE AT CHEZ MAURICE-SANTA FE
1:00-2:00	ROUNDS TO PIRATES' CAVE, 25 CLUB, COVERED WAGON & SILVER DOLLAR
2:00-3:00	DRIVE TO FORT WORTH
3:00-4:30	WINE-DINE-DANCE AT CASA MANNANA
4:30-5:30	DRIVE BACK TO DALLAS
5:30-6:30	BREAKFAST AT THE WAFFLE SHOP SECURE AND COMMENCING AT 8:00
8:00-10:00	SAILING AT WHITE ROCK LAKE
10:00-11:30	SPEED-BOAT RIDING
11:30-12:00	REFRESHING
12:00-2:00	PICNICKING
2:00-3:00	HORSEBACK RIDING
3:00-5:00	CAR RIDING IN THE COUNTRY
5:00-6:00	SNACK AT PRINCES
6:00-8:00	SECURE AND COMMENCING AT 8:00
8:00-10:00	DINE AT BROWN DERBY AND DANCE AT THE CALVACADE & PLANTATION



10:00-11:00 SNACK AT PIG STAND

11:00-12:00 SYNOPSIS

12:00 - SECURE

RECOMENDED PLACES TO GO

JACK WALTON BARBECUE STANDS.

ROCKAFELLER SYSTEM STANDS.

ROOF GARDEN - JEFFERSON HOTEL

BAGDAD - DAL - WORTH PARK

SUNSET INN - WHITE ROCK LAKE

SHOW BOAT - LAKE WORTH

LAKEWOOD COUNTRY CLUB

## THINGS TO REMEMBER

1. KNOTTS BERRY PLACE - LOS ANGELES
2. LOOK UP MAJOR LONG AT DALLAS AVIATION COLLEGE - LOVE FIELD, DALLAS
3. LOOK UP LOUIS GHUZMAN - SAN DIEGO
4. REMEMBER EICHMAN (PECAN PIE)
5. TRY AND LOCATE JANECEK - WISCONSIN
6. LOOK UP WILLIAM HOOTEN IN CONNECTION WITH BOO FOOTE FLYING - STANFORD
7. WRITE ATKINS FOR HIS DAD'S APPLE PIE AND RECIPE, IF POSSIBLE.
8. SEE MR. BOLTON AT SOUTHWESTERN DRUG AND TRY TO OBTAIN A BOOKLET ON WHAT WINES TO DRINK WITH FOOD AND LIQUORS, ALSO HOW TO MIX DRINKS.
9. LOOK AROUND FOR AN AIRFLOW.
10. TRY AND FIND OUT WHERE YOU CAN BUY A CONEY ISLAND WAFFLE IRON. HONOLULU - WAKAIKI -

11.

- CANNED GOODS -

TUNA - SARDINES.	ASSORTED SOUPS.	OX TONGUE.
OYSTER - SHRIMP.	CRUSHED OLIVES.	SAUSAGE.
RASPBERRY SAUCE.	STRAWBERRIES.	PICKLED PIG
MUSHROOMS.	BLACKBERRIES.	FEET. PEANUTS.
BOSTON BAKED	RASPBERRY JAM.	AND ALMOND
BROWN BREAD.	ANCHOVIES.	BRITTLE. PRAWN.
CONDENSED MILK.	ANCHOVY PASTE.	GOOSE LIVER.
EVAPORATED MILK.	GRAPE - PEACH.	PIMINTOES.
TOMATOES - CORN.	PINEAPPLE JAM.	MINCE MEAT.
BORK & BEANS.	KLIM MILK.	MINCE HAM
BOSTON BAKED BEANS.	NESTLES SWEET	BAKED HAM.
TOMATO JUICE.	MILK COCOA.	MACKEREL.
SWEET POTATOES.	LUNCHEON MEAT.	Bologna.
PREPARED FROSTING.	SPAM - COFFEE.	SALOMI.
POTTED MEAT.	PHILADELPHIA	HEAD CHEESE.
CRAB MEAT.	SCRAPPAGE.	PLUM PUDDING
DEVILED HAM.	HOT TAMALES.	BACON.
VIENNA SAUSAGE.	RAVIOLES.	CHOCOLATE
ASPARAGUS.	CRACKER.	AND MARSH-
GREEN PEAS.	CHEESE.	MALLOW SYRUP.
TOMATO.	PORK.	

SPICESJELLIESPRESERVES

CINNAMON

MINT

PEAR-FIG

NUTMEG

GRAPE

CHERRY-GRAPE

ALL SPICE

GUAVA

BLACKBERRY

CLOVES

CRABAPPLE

RASPBERRY

CELERY

APPLE

STRAWBERRY

ONIONS

CURRANT

TOMATO

GARLIC

ORANGE

SEASONING'S

SALT

LIME

MAYONNAISE

BAYLEAF

BLACKBERRY

MIRACLE WHIP

CHIVES

RASPBERRY

RELISH-HORSE RADISH

SAGE

PLUM

CHILI SAUCE

CURRY POWDER

JELLO'S

DRY &amp; PREPARED MUSTARD

BLACK-RED-

STRAWBERRY

CHOW CHOW

CAYENNE PEPPER

RASPBERRY

COCKTAIL SAUCE

FLAVORINGS

LIME

WORCHESTERSHIRE

VANILLA

LEMON

TABASCO SAUCE

LEMON

CHERRY

HEINTZ'S KETCHUP

ORANGE

MARMALADES

SANDWICH

CHERRY

ORANGE-CHERRY

SPREAD

LIME

PINEAPPLE-PEACH

MAPELENE

BLACKBERRY

OIL OF PEP.

RASPBERRY

PERMINT.

STRAWBERRY