

<u>CEREALS</u>	<u>FRUIT JUICES</u>	<u>FRUITS (CANNED)</u>
CORN FLAKES	ORANGE	PEACHES - PEARS
RICE KRISPIES	PINEAPPLE	FIGS - APPLE
ROLLED OATS	GRAPE	PINEAPPLE
SHREDDED WHEAT	GRAPE FRUIT	MANGOES - ORANGES
CRACKED WHEAT	TOMATO	GRAPE FRUITS
CREAM OF WHEAT	PRUNE	CHERRIES - GRAPES
KRUMBLES	CHERRY	CRUSHED PINEAPPLE
GRAPE NUTS	FIG	OLIVES
PUFFED WHEAT	CARROT JUICE	PLUMS
QUAKER OATS	MANGO	DATES

— MISCELLANEOUS —

COCOA MALT - KRAFT MALTED MILK - HORLICKS
 MALTED MILK TABLETS, NESCAFE - ICE CREAM MIX -
 XMAS HARD CANDY - XMAS NUT BOWL - ASSORTED
 CANDY BARS (FRIGIDAIRE), JELLY BEANS - LIFE SAVER -
 MINTS - PRUNES - PEAR BUTTER - GRAHAM OR RITZ
 CRACKERS - PIMIENTO CHEESE - KITCHEN BOUQUET
 GRAVY MIX - GINGER BREAD & CAKE, SHREDDED
 COCONUT - KODORA FIGS - KRAFT'S CANNED PRE-
 SERVED BUTTER - MARASCHINO CHERRIES - RAW
 POPCORN - ESKIMO PIE, "CREAM" PASTRIES.

FAGUVE

1. Pancakes - roll beaten cold potatoes & peanut butter in powdered sugar - chill.
2. Pheasant - roast with dressing & eat cold slices with saltines. Try Sauterne.
3. Omelette - fill with fried rice and country pork sausage.
4. Pork brains scrambled with eggs. Use about equal portion of eggs & brain. Serve on toast soaked in melted butter.
5. Peanut butter & honey beaten together.
6. Halve strawberries (ripe) sprinkle with sugar & let set in refrigerator for several hours. Saturate with chilled wine & serve.
7. Try Rose Marie in Italian dishes.
8. Egg plant fried in Italian style.
9. Use soy bean paste in beef soup.
10. Paint lamb chops with a mix of soy & Worcestershire sauce. Also steaks.
11. White house cook book.
12. "Milky Way" melted over ice cream.

13. Pecan pie, Mango (canned) pie.
Eat blueberry, pumpkin, & hot mince
pies a la mode.
14. Fry crisp fried fish. Eat whole.
15. Spanish spaghetti - thick meat &
oil sauce with chopped mushrooms
bell peppers, onions & garlic.
16. Hamburgers with slice of onion,
lettuce, "Miracle Whip", & mustard.
17. "Minestrone" with grated cheese.
18. Smoked turkey & goose. Wine.
19. French fried sweet potatoes.
20. Curried mutton & spud stew.
21. Steamed apple pudding (English)
22. Canned Roxton brand bread.
23. Corn fritters with Karo.
24. Cracked wheat as a cereal.
25. Pork sausage stuffing for peppers.
26. French fried toast with Karo.
27. Shind up pork crackling & put in
corn bread batter.

28. Oat-meal cookies and milk.

29. Ground left-over beef roast with cream gravy on toast. Top with fried or poached eggs.

30. Toasted sardine sandwiches with mustard.

31. Baked Alaska.

32. Steamed clams with a pot of melted butter.

33. Try canned apple juices as an apple cider during the off season.

34. Shoestring potatoes.

35. Baked crab. crack crab & heat in sauce. Serve with plenty of sauce & garlic bread. Crawfish also.

36. Banana milk shake. cut ripe banana small & make as usual.

Peaches also.

37. Find Hungarian recipes for preparing meats with wine. (Esquima)

38. Cheeseburger on inner toast bun.

39. Cottonseed oil for french frying.
40. Recipe for soft ice cream.
41. Pork & sweet pickle, redish turnovers.
42. Benedictine & brandy (half & half) after meals with Turkish coffee.
43. Try berry wines from West Coast, also wild cherry wine.
44. Stewed dried apricots & whipped cream.
45. Stew of canned corned beef, canned tomatoes, peas & dried spuds.
46. English muffins with melted butter poured on.
47. Caulerms & salted farlight duck.
48. Hamburger steaks with chilli.
49. Whip peanut butter, jam & butter together and spread on hot cakes.
50. Add grated cheese to muffin batter.
51. Bean pie - mash baked navy beans & add diced cheese & tomato sauce. Put

in ready made pie crust. Bake
until cheese is melted. Cover with
1/4 slices of cheese.

52. Muffin pan candy or macaroons with
vanilla ice cream. Try the macaroons
with sweetened condensed milk.

53. Potica - add eggs to bread dough
& lay out thin enough for rolling.
Spread a mix of chopped walnuts,
raisins, cinnamon, sugar & salt (?) &
roll. Glaze or bake.

54. Ambrosian for desert.

55. Leave a spicy apple pie open. Bake
an extra crust & crumble up on
top of the pie. Layer of whipped
cream & vanilla then pat on an-
other layer of crumble crust.

56. Melted Old English cheese on
scramble eggs.

57. Bake eggs in a muffin pan. Crumble
cucumber above & below. Butter &
seasoning over all.

58 Onion & peanut butter sandwich.

59 Toasted tuna sandwich.

60. Tomato stuffed with egg salad.

61. Barley & rice for a cereal & as stuffing for bell peppers.

62. Ground peanuts on peanut butter in cooked cereals.

63 Layer of steamed rice. Then a layer of salmon or tuna, chopped onions, grated cheese & peppers. Duplicate as often as desired. Salt and pepper each layer. Layer of cheddar & onions over all. Pour level with milk.

64. Bake mango beans with pork crackling. Season and put layers of sugar. Pour on tomatoes & fat.

65 French fried fish balls with steamed rice & cornstarch.

66. Rice flour. Coconut & molasses for excellent drop cookies.

67. Mango upside-down cake.
68. Pour chilli over scramble eggs.
69. Add a little cocoa to peach jam
or a rice or tapioca pudding sauce.
70. Scramble eggs & ground beef.
71. Peach jam on dark chocolate
ice cream.
72. Pour thick hot chocolate over
ice cream and chopped pecans.
73. Hot butter toasted pork sandwich.
Make buttered toast. Lay "4" slice of
roast pork with lettuce, tomatoes &
mustard or "Thousand Islands".
74. "My breakfast". Fried, fine good
size hot cakes. Lay one down
and cover with four eggs scramble
in butter. Same process until
four cakes are down. Lay last one
down cover with three eggs
over easy. Put fried ham, Bacon
sausage around. Coffee & jam,
buttered toast.

75. Rice pudding heated and
put spoon full of jelly on top.
76. Rice loaf with corned beef.
Take steamed rice, corned
beef, onions, green peppers, sweet
potatoes baked, garlic & mix-
well. Add can of pate while
mixing. Grease pan with
butter. Butter top of loaf &
lay $\frac{1}{4}$ " slices of cheese and bake.
77. Mango bean stew. Two cups
of mango beans, onions, peppers,
garlic & potatoes & meat stock.
78. Try mixing chocolate in
hot cake batter.
79. When making bread try
potato water. Makes it lighter.
80. Trim the crust off of old
bread and toast. Insert $\frac{1}{4}$ " slice
of cheese, secure sandwich with
toothpicks. Dip sandwich in
egg batter and french fry.

81. Cut a hole in center of bread. Break in an egg and fry in butter.
82. Also remember prune-^{whip}.
83. Experiment more baking pears like apple, ect, ect.
84. Pie with canned fruit salad as a filler topped with whipped ^{cream}.
85. Concord grape pie topped with butter pecan ice cream.
86. Fried apple sandwich with mayonnaise.
87. Aged (1-3 years) hickory smoked, sugar covered ham.
88. Prepare pie dough for turnover. Fill each with 2 Vienna sausage, mustard, relish & onion. Wrap the filler with thin slice of tomato. Be sure to notch the turnover on top.

89. Try mixing a loaf of mixed
jelly beans with muffin dough.
90. Try using a little saffron in
yeast bread dough.
91. Try adding a can of cream corn
to fried rice & canned beef.
92. Recipe for "Chess" pie. A-1
93. Recipe for "Back Street"
salad.
94. Peanut butter pie - 1 cup of
coarse peanut butter, 2 cups. Raw
blue, 1 cup milk, $\frac{1}{4}$ lb. butter, 2 tbl-
spoons of corn starch. Cook in double
boiler. Place in pie baked pie
crust & top with whipped cream.
95. Grenadine instead of sugar on
grapefruit.
96. Strawberry preserves & peanut butter
tarts with whipped cream.
97. Borden's dry ice cream mix. Cook
in three butter fat contents. Add

water & flavoring, beat with
Mix-master & freeze.

98. Fresh blueberry ice cream.

99. Cold pork loaf with tomato
lettuce & Miracle Whip on butter ^{toast}

100. N.B.C.'s custard-cream cookies.

101. Warm fry-bread & serve with
rich cream.

102. Don't forget to order some
Emergency Rations D. bars from
Walter Baker & Co., Inc. Dorchester ^{Mass.}

103. Try fried canned hominy. Also
try boiled in milk, add butter seasoning.

104. Dole canned Hawaiian mangoes.

105. Try celery salt in beer.

106. Shred cabbage coarsely & steam in
a covered frying pan. When water
is gone add chopped bacon & season & fry.

107. Chocolate lugao for dessert.

108. Mango beans are supposed to
sold for cattle feed in Colorado.

109. Confectioner's (soda fountain)
marshmallows for smooth home
made ice cream. One tble. per $\frac{1}{2}$ gal.
110. Put cranberries & oranges through
a food grinder for a new touch.
111. Watermelon wine - take out
a large plug & insert $\frac{1}{4}$ pound
brown sugar. Seal the melon
& leave lie for six to eight
months. Remove juice & leave
settle. Syphon off.
112. Baked sweet potatoes - split
& top with strawberry jam & cream.
113. Drink - spoonful of rum,
half cup of coffee, half cup of
cocoa, cinnamon and sugar.
114. Cabbage, turnips, pink,
onions and garlic, very fine
boiled dinner.
115. Add a can of salmon to
the regular Italian lettuce salad.
Very fine for summer lunch.

116. Pumpkin pie topped with whipped cream.

117. Lime or lemon jello & tuna on lettuce. Lemon jello, salmon & grated carrots on lettuce.

118. Mash bananas & pecans & mix with peanut butter. Add little mayonnaise to keep moist. Use as a sandwich spread with lettuce.

119. Mangoes, bananas, etc; mixed in your hot cake batter.

120. Smoked shrimp with beer.

121. Mix an egg in a glass of ~~orange~~ orange juice. Use the electric mixer.

122. Graham cracker pie: graham cracker mix with butter & place in pan. Boil condensed milk. Mix with peanut-butter, butter & place in a graham cracker crust. Top w/ whipped cream & chopped pecans.

123. Read over "Adventures In Good Eating!"

124. Hot rum Aola Northwest Passage. - Make thick paste of maple sugar, cinnamon, butter & water. Add Jamaica rum. Add hot apple cider or boiling water. ^{STIR}
125. Duck egg stuffed with turkey salad. Prepare like closed egg.
126. Try dry ice cream mix, flour, water & baking powder for hot cake batter.
127. Cinnamon beer & cream soda with a few ice cubes for the "morning after" ^{apples.}
128. Try pear butter. Also stewed dried
129. Try fig & pear preserve in hot biscuits
130. French-fried onions - Slice large Bermuda onions, separate into rings of 2-3. Dip well in salted egg batter or flour & milk. batter & fry crisp & brown.
131. Add crushed pineapple, drained, to creamed powdered sugar & butter. Spread on toast & place in oven until glazed.

(NEXT PAGE)

Five suits

Three sport coats

Three slacks

Topcoat (2)

Raincoat (Trench)

Dogon shirts

Dogon Undershirts

Dogon Under-shorts

Dogon ties

Five pairs of shoes

Bath-robe & slippers

Two doz. handkerchiefs

Gloves - Suspenders - Scarf - Sweater

Tuxedo

Five hats, top hat Panama

Dinner jacket

Miscellaneous -

Watch - Hamilton

Sunglasses

Ring

Key Chain

Cigarette case

Set of pipes

Cigarette holder

Miscellaneous -

Wallet Leather Bag Pen & Pencil Set

Cribbage Set Cigarette Box

132. Broiled Grapefruit: Halve grapefruit, remove membrane. Pare a little skin in each & cover with brown sugar & chopped pecans. Place under broiler until heated thru & top is glazed.

133. Beef Stroganoff: Beef, cut in thin strips, butter, chopped mushrooms, slice onions, fry onions & beef in butter when half done add mushrooms and sift in whole wheat flour, stir slowly then cover skillet and cook till done.

134. Corn Turners: 1 egg, 6 tbsps corn meal, 6 tbsps flour, $\frac{1}{4}$ " salt. Beat egg with corn meal, flour and salt into stiff dough. roll thin, cut in strips & fry in deep grease.

135. Peanut-butter cream pie: In regular pie crust; Mix peanut butter, can of condensed milk, $\frac{1}{4}$ lb. butter. Roll, pare in crust & chill. Cover top with whipped cream & chopped peanuts.

136. Fruit cocktail pie; Cube grape-fruit, oranges, bananas, pineapple - cover with sugar - let stand, pour in pie crust - Cover with whipped cream, dot with maraschino cherries ^{CHIU}

137. Sweet Sour Pork: 2 lb. lean pork loin, 1 lb. brown sugar, Make sauce of sugar, worcestershire, lemon juice, vinegar, ginger, catsup - Dice pork, salt & pepper, place in roaster - pour sauce over pork in 350° oven. Baste often.

138. Egg Sweetie: Wash & bake 6 large potatoes, cut slice from top of each, scoop out inside & mash to three cups. Add 6 tbs. finely chopped ham, 3 tbs. finely chopped parsley, white of 2 eggs well beaten, 3 tbs. butter, 1 tbs. cream, salt and pepper. Line potato shells with mixture, place in each cavity a poached egg, cover with potato mixture & bake until brown. Care must be taken to have eggs delicately poached.

139. Hawaiian Salad: Diced avocado
crushed pineapple. Mix thoroughly
in a shaker & chill.

140. Hot waffle topped with whipped
cream, also strawberry waffle.

141. Rolled Sandwich: Slice a
loaf of bread lengthwise very
thin. Spread lightly with butter,
cream, cheese, seasoned and mixed
with finely chopped nuts or
chopped olives or chopped pimenton.

142. Tuna Paste: Tuna fish,
chopped parsley, garlic, mayonnaise.
Make paste & use on ritz crackers.

143. Condensed Milk Pie - Graham
cracker crust. Add 1 can of condensed milk
juice of 1 lemon, put in oven until milk
boils, remove from oven and top
with beaten egg whites.

144. ...
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EYE - ME	VEGETABLE - YASAI
EAR - MIMI	FRUIT - KUDAMONO
NOSE - HANA	WATER - MIJU
MOUTH - KUTI	ICE - KÖRI
HAND - TE	HOT WATER - YUOROYU
FOOT OR LEG - ASI	TEA - OCHA
I - WATASI	SALT - SHO
YOU - ANATA	SUGAR - SATÖ
WHO - DARE	CANDY OR CAKE - KASI
TO SEE - MIRU	LIQUOR - SAKE
TO HEAR - KIKU	TOBACCO, CIGARS &
DOOR - TO	CIGARETTES - TABACO
TO OPEN - AKERU	FIRE - HI
TO SHUT - SEMERU	MATCH - MATTI
TO SIT - SUWARU	CAP - BÖSI
RICE - KOMÉ	MONEY - OKANE
MEAL - GOHAN	WORK - SIGOTO
BREAD - PAN	YEARS - NEN
MEAT - NIKU	O'clock - ZI
FISH - SAKANA	MINUTE - HUN
EGG - TAMAGO	TODAY - KYÖ

YESTERDAY - KINO	HEAD - ATAMA
TOMORROW - ASU	CHOP-STICK - HÄSI
NIGHT - YORU	MAN - HITO
WHEN - ITU	PAINFUL - ITAI
WATCH - TOKEI	GOOD-DAY - KONNITIWA
HERE - KOKO	TO COME - KURU
LEFT - HIDARI	MEDICINE - KÜSURI
RIGHT - MIGI	TO WAIT - MATU
EAST - HIGASI	RICE BOWL - TYAWAN
WEST - HISI	REST - YASUME
SOUTH - MINAMI	ON AGE - SAME
NORTH - KITA	
SUN - HI	
MOON - TUKI	
YES - IAI	
NO - IIE	
GOOD MORNING - OHAYO	
GOOD-BY - SAYONARA	
THANK YOU - ARIGATO	
TO LIFT - AGERU	
RAIN - AME	

{ BERRIES
 FRUITS
 +
 MELONS }

SALADS

STEWES

STRAWBERRY	WALDORF	VEAL	
BLACKBERRY	POTATO	BEEF	
BLUEBERRY	SHRIMP	CHICKEN	
RASPBERRY	TUNA	TURKEY	
BANANAS	LOBSTER	CLAM CHOWDER	
APPLE	PARISIENNE	LAMB	
PINEAPPLE	CHICKEN	MUTTON	
FIGS	VEGETABLE	IRISH	
PRUNES	CHEESE	BRUNSWICK	
ORANGE	PINEAPPLE	KIDNEY	
PEACHES	FRUIT	<u>MEAT AND FOWLS</u>	
PEARS	<u>SEA FOOD</u>	HAM	CALVESHEART
CHERRIES	OYSTERS.	BACON	CHICKEN
GRAPES	SHRIMP.	SAUSAGE	TURKEY
RAISINS	PRAWN.	LIVER	PHEASANT
TANGERINES	LOBSTER.	BEEFSTEAK	QUAIL
AVOCADO	TUNA.	PORIK	TONQUE
MANGOES	HALIBUT.	LAMB	PIGS FEET
WATERMELON	TROUT.	MUTTON	PORK HEART
HONEYDEW	CRAB-CLAMS.	BRAINS	KIDNEY
CANTELOUPE	SMELT-HERRING.	RABBIT	VEAL

<u>PIES</u>	{ CAKES & PASTRIES }	<u>ICE CREAM</u>
APPLE	CHOCOLATE LAYER.	VANILLA
COCONUT	PURE CHOCOLATE.	PINEAPPLE
CHOCOLATE	COCONUT.	PEACH
LEMON	DEVIL'S FOOD.	STRAWBERRY
BANANA	ANGLE."	CHOCOLATE
MINCE	BANANA (OVERRIPE)-	RASPBERRY
MOLASSES	MOLASSES.	BANANA
CHERRY	MARSHMALLOW,	CARAMEL
RAISIN	STRAWBERRY ^{SHORT} CAKE,	EGG-NOG
STRAWBERRY	UPSIDE DOWN.	BUTTERSCOTCH
BLACKBERRY	FRUIT CAKE.	GRAPE NUT
FIG	RITA'S CAKES	BLACK WALNUT
PEACH	POUND CAKE.	FROZEN CUSTARD
CUSTARD	NAPOLLEAN SLICE.	ORANGE ICE
SWEET POTATO	CANDIES	LEMON SHERBET
PECAN	ASSORTED CHOC.	LIME "
BUTTERSCOTCH	" CANDY BARS	RASPBERRY "
BLACK BOTTON	DIVINITY FUDGE	RUM PECAN BIRD
BANANA CUSTARD	PEANUT CLUSTERS	
APPLE COBBLER	MARSHMALLOW-TORSTED	
PEACH		
CHERRY-COBBLER	CHOC. COATED PEANUTS	

- DESSERTS -

APPLE PIE - A' LA MODE - (WALNUT - CHOCOLATE)

CHOCOLATE LAYER CAKE - VIENNA COFFEE

MINCE PIE - A' LA MODE - COFFEE

CHOCOLATE ICE CREAM - MARSHMALLOW SYRUP

FRUIT JELLO - ^w/WHIPPED CREAM

FRUIT CAKE - SHERBET - COFFEE

BANANA CAKE - BLACK WALNUT ICE CREAM

APPLE PIE - ^w/MELTED CHEESE - COFFEE

STRAWBERRY ICE CREAM - TARTS - ECLAIRS - COFFEE

PURE CHOCOLATE CAKE - VANILLA ICE CREAM

MOLASSES CAKE - BANANA ICE CREAM

CREAM PUFFS - ECLAIRS - MALTED MILK

GLAZED DO-NUTS - COFFEE - MILK

"SNAILS" (MELTED BUTTER) COFFEE

STRAWBERRY SHORT CAKE - FRENCH COFFEE

CINNAMON TOAST - HOT CHOCOLATE

MANGOES STRAWBERRY - PURE CREAM

PECAN PIE - COFFEE FRAPPE

HUCKLEBERRY ROLL - HARD SAUCE

NAPOLEONS - BISMARCKS

KARO PECAN PIE

Waffle "hot dog" - The waffle iron is flat. Put batter in iron, insert waffles while, onion & mustard cut. Fold over waffle until it is sealed.

146. Add a little mayonnaise, lemon juice & Worcestershire, salt & cayenne pepper to sardines. Mash with fork & spread thin on lightly buttered bread.

147. Add 3oz. of Coca Cola syrup to one quart of good corn whiskey.

148. Remove core from apple & fill with peanut butter & hot honey. Dip in chocolate or caramel syrup.

149. Pecan butter and cashew butter.

150. Sauté liver & cream in margarine potatoes. Season well. Spread fairly thick on heavily buttered bread. Top the sandwich with cheese & bake.

151. Boil pork or beef blood in cold water & let congeal. Mix with a little flour & fry in butter. When nearly done scramble in fresh eggs.

DALLAS TEXAS	DEC. 4 TH 1939
EL PASO TEXAS	DEC. 5 TH "
LOS ANGELES CALIF.	DEC. 6 TH 1939
SAN DIEGO CALIF.	" " "
U.S. MARINE'S BASE	" " "
LA HOLLA, CALIF.	" 20 TH "
MARINE BASE	" 30 "
U.S.S. BRIDGE	MARCH 1 ST 1940
MARE ISLAND	" 3 RD "
SAN FRANCISCO	JUNE 19 TH 1940
U.S.S. CHAUMONT	" " "
WAKE ISLAND	30 TH HONOLULU 28 TH
GUAM ISLAND	JULY 14 TH 1940
PHILIPPINES ISLAND	JULY 21 ST 1940
SHANGHAI CHINA	" 26 "
PRESIDENT LINER MADISON	NOV 27 1941
OLONGAPO P.I.	DEC. 1 ST 1941
WAR DECLARED	" 7 TH 1941
OLONGAPO TO MARIVELES	DEC. 24 1941
CORREGIDOR	DEC. 28 TH 1941
SURRENDER	MAY 6 TH 1942

SMALINTA HOSPITAL MAY 7TH 1942

MANILA JUNE 29TH 1942

BILIBID PRISON JUNE 30TH 1942

CABANATUAN PRISON JUNE 30TH 1942

MANILA MARCH 7TH 1944

BILIBID PRISON MARCH 7TH - 44

TAIKOKU-MARU II 24TH - 44

FORMOSA MARCH 27TH - 44

OSAKA^{III} (JAPAN) 10TH

TOKYO APRIL 14TH - 44

HITACHI PRISON CAMP AUGUST 11TH

HITACHI AUG 11TH

OSAKA AUG 11TH

TRISONERS CAMP No 2 - AUG 12TH 1944

LIBERATED SEPT 5TH 1945 (NAVAL)

YOKOHAMA SEPT 6 1945

USS OZARK LSV-2

GUAM SEPT 12 - 16TH

PEARL HARBOR

SAN FRANCISCO OCT 2ND

OAKLAND

ALAMEDA

IN SHOW

AMALLO

ANSAS

USTIN

OSTON

ORPUS CHRISTI

HOUSTON

ALLAS.

RT WORTH

HOME OCT. 10, 11